



## Lavender Infused Raw Honey

Our Lavender Raw Infused Honey is handcrafted in small batches using pure, unfiltered raw honey that is gently infused with real lavender blossoms. This slow infusion allows the honey to absorb the delicate floral essence of lavender without overpowering its natural sweetness. The result is a smooth, aromatic honey with a soft, calming flavor that enhances both sweet and savory dishes.

Naturally sweet and beautifully floral, this infused honey brings a sense of tranquility to everyday moments—whether stirred into warm tea, drizzled over toast, or used to elevate baked goods, glazes, and desserts. It's a thoughtful pantry staple and a favorite gift for those who appreciate simple, intentional ingredients.

### Ingredients

- Honey is highly nutritious, with traces of minerals and vitamins, flavonoids, and polyphenols, which act as antioxidants to destroy free radicals. Honey is also anti-bacterial, anti-viral, and antifungal, and acts as an energizer to help overcome fatigue and regain energy. Many of the beneficial nutrients in honey are destroyed in the pasteurization process of most commercially prepared honey products. Raw honey retains all the nutrients and medicinal properties that are lost when honey is heated. (1) \*
- Lavender may help with insomnia, anxiety, headaches, chemotherapy side effects, and other conditions. (2) \*
- Vanilla studies suggest that specific compounds in vanilla extract and beans may have antioxidant, anti-inflammatory, and neuroprotective properties. (3) \*

If your honey hardens, DO NOT MICROWAVE. Simply place the jar in a pan of hot water to gently soften. Do not place the jar directly on the heat.

This is a natural, whole food product. Separation will occur. Please stir gently before using.

CONTAINS HONEY – Do not give honey to children less than 1 year old.

#### (1) Honey

National Library of Medicine: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5424551/>  
Journal of Chemical and Pharmaceutical Research: [www.jocpr.com](http://www.jocpr.com)

[Click to access medicinal-uses-and-health-benefits-of-honey-an-overview.pdf](#)

#### Eight Raw Honey Benefits for Health:

<https://www.healthline.com/health/food-nutrition/top-rawhoney-benefits>

#### (2) Lavender

Health Benefit Reference

<https://www.healthline.com>

(3) Vanilla  
Health Benefit Reference  
<https://www.healthline.com>

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