



Immune Support Healing Honey 8 oz.

Our Immune Support Healing Honey is an unfiltered, locally produced, all-natural sweetener infused with herbs that provide wellness straight from the plant.

Made from the highest-quality honey available, our Immune Support Healing Honey is a great way to enjoy the health benefits of honey, elderberries, and echinacea in one delicious sweetener.

This herbal-infused honey is the perfect addition to your medicine cabinet.

Ingredients: Raw-unfiltered honey, elderberries, echinacea angustifolia, echinacea purpurea, red raspberry leaf, and rosehips.

About Our Ingredients:

- Raw Honey is highly nutritious, with traces of minerals and vitamins, flavonoids, and polyphenols, which act as antioxidants to destroy free radicals. Honey is also anti-bacterial, anti-viral, and anti-fungal, and acts as an energizer to help overcome fatigue and regain energy.

Many of the beneficial nutrients in honey are destroyed in the pasteurization process of most commercially prepared honey products. Raw honey retains all the nutrients and medicinal properties that are lost when honey is heated. (1) *

- **Elderberries** are rich in nutrients and antioxidants that are anti-inflammatory and fight free radical damage. Elderberry has been found to have antibacterial and antiviral properties. A clinical trial supports the use of a standardized elderberry syrup extract for symptoms associated with influenza. * (1)

- **Echinacea** has traditionally been used to shorten the duration of the common cold and flu, and reduce symptoms such as sore throat, cough, and fever. Many herbalists recommend echinacea to boost the immune system and help the body fight infections. * (2)

- **Red Raspberry Leaves** are rich in vitamins B and C, and minerals, including potassium, magnesium, zinc, phosphorus, and iron. They also contain polyphenols, which act as antioxidants to help protect cells from damage. * (3)

- **Rosehips** are a rich source of vitamin C and may help the immune system fight off foreign invaders. When compared with other fruits, rosehips have the highest antioxidant properties because of their high levels of polyphenols, carotenoids, vitamins C and E. * (3)

Research Sources

1) Honey

National Library of Medicine: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5424551/>

Journal of Chemical and Pharmaceutical Research: www.jocpr.com

[Click to access medicinal-uses-and-health-benefits-of-honey-an-overview.pdf](#)

Eight Raw Honey Benefits for Health:

<https://www.healthline.com/health/food-nutrition/top-rawhoney-benefits>

(1) Elderberry

The American Botanical Council Clinical Guide to Elderberry

<https://www.herbalgram.org/media/13294/elderberry-scr.pdf>

The Journal of Functional Foods, Volume 40, January 2018, (pages 377-390)

<https://www.sciencedirect.com/science/article/pii/S1756464617306977?via=ihub>

Science Direct, Non-vitamin and Non-mineral Nutritional Supplements, 2019, (pages 211-215)

<https://doi.org/10.1016/B978-0-12-812491-8.00030-8>

(2) Echinacea

Journal of Pharmacy and Pharmacology, Volume 57, Issue 8, August 2005, (pages 929–954)

<https://academic.oup.com/jpp/article/57/8/929/6147494>

(3) Herbal Reference

<https://www.healthline.com>

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.***

Disclaimer: External (outbound) links to other websites or educational material (e.g., PDFs, research sources, etc. ...) that are not explicitly created by Elderberry Family Farms are followed at your own risk. Under no circumstances is Elderberry Family Farms responsible for the claims of third-party websites or educational providers.