



Ginger Infused Raw Honey 8 oz.

Our Ginger Infused Raw Honey is an unfiltered, locally produced, all-natural sweetener infused with ginger.

Made from the highest quality honey available, our Ginger Infused Raw Honey is a great way to get the health benefits of honey and ginger in one delicious sweetener. This flavorful infused honey tastes wonderful by the spoonful or served on toast, in tea or other hot or cold drinks, and in your favorite recipes.

Ingredients: Raw, Unfiltered Honey, Ginger.

About Our Ingredients:

- Honey is highly nutritious, with traces of minerals and vitamins, flavonoids, and polyphenols, which act as antioxidants to destroy free radicals. Honey is also anti-bacterial, anti-viral and anti-fungal, and acts as an energizer to help overcome fatigue and regain energy.

Many of the beneficial nutrients in honey are destroyed in the pasteurization process of most commercially prepared honey products. Raw honey retains all the nutrients and medicinal properties that are lost when honey is heated. (1) *

- Ginger contains gingerol, which has powerful medicinal properties. It has a long history of uses including improving digestion, reducing nausea, and helping fight flu and the common cold. Like cinnamon, ginger also has powerful anti-inflammatory and antioxidant effects. Ginger really shines when it comes to relieving nausea and vomiting, and is frequently used to treat chronic indigestion. (2) *

Research Sources

(1) Honey

National Library of Medicine: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5424551/>

Journal of Chemical and Pharmaceutical Research: www.jocpr.com

<https://www.jocpr.com/articles/medicinal-uses-and-health-benefits-of-honey-an-overview.pdf>

Eight Raw Honey Benefits for Health: <https://www.healthline.com/health/food-nutrition/top-raw-honey-benefits>

(2) Ginger

Health Benefit Reference

<https://www.healthline.com>

*** These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**

Ginger Infused Raw Honey Product Information (1-2-23)

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