



Cinnamon Infused Raw Honey 8 oz.

Our Cinnamon Infused Raw Honey is an unfiltered, locally produced, all-natural sweetener infused with cinnamon.

Made from the highest quality honey available, our Cinnamon Infused Raw Honey is a great way to get the health benefits of honey and cinnamon in one delicious sweetener. This flavorful infused honey tastes wonderful by the spoonful or served on toast, in tea or other hot or cold drinks, and in your favorite recipes.

Ingredients: Raw, Unfiltered Honey, Cinnamon.

About Our Ingredients:

- Honey is highly nutritious, with traces of minerals and vitamins, flavonoids, and polyphenols, which act as antioxidants to destroy free radicals. Honey is also anti-bacterial, anti-viral and anti-fungal, and acts as an energizer to help overcome fatigue and regain energy.

Many of the beneficial nutrients in honey are destroyed in the pasteurization process of most commercially prepared honey products. Raw honey retains all the nutrients and medicinal properties that are lost when honey is heated. (1) *

- Cinnamon is loaded with antioxidants such as polyphenols that protect your body against oxidative damage caused by free radicals. Studies show that this spice and its antioxidants have impressive anti-inflammatory properties. Cinnamon is also well known for its ability improve sensitivity to insulin and for its blood sugar lowering properties. Cinnamon also helps fight bacterial and fungal infection. (2) *

Research Sources

(1) Honey

National Library of Medicine: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5424551/>

Journal of Chemical and Pharmaceutical Research: www.jocpr.com

<https://www.jocpr.com/articles/medicinal-uses-and-health-benefits-of-honey-an-overview.pdf>

Eight Raw Honey Benefits for Health: <https://www.healthline.com/health/food-nutrition/top-raw-honey-benefits>

(2) Cinnamon

Health Benefit Reference

<https://www.healthline.com>

*** These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**

Cinnamon Infused Raw Honey Product Information (1-2-23)

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