



## **Elderberry Plus Rosehip 5 oz. Alcohol-Free Elderberry Extract**

Elderberry Plus Rosehip extract is an all-natural concentrate of elderberries with the added nutritional and immune boosting benefits of rosehip, one of nature's most potent antioxidants.

Our Elderberry Plus Rosehip extract is made one batch at a time on our family's farm. We use the highest quality herbs, water, and pure vegetable glycerin to extract the herbal properties of our ingredients in an alcohol-free process. Our products are intentionally made safe for use by our own children and grandchildren.

Elderberries work synergistically when combined with other medicinal plants. We've combined elderberries with rosehips, two of nature's most powerful antioxidant and immune supportive herbs. Rosehips have historically been used for their vitamin C content and antibiotic effect. This extract is a traditional herbal remedy for times when you need more powerful immune support.

**Ingredients:** Elderberry juice, rosehips, water, and vegetable glycerin.

### **About Our Ingredients:**

- Elderberry is rich in nutrients, such as carbohydrates, proteins, fats, fatty acids, organic acids, minerals, vitamins, and essential oils. Polyphenols, known for their antioxidant activity, are the most important group of bioactive compounds present in elderberry in relatively high concentration. The high antioxidant activity of elderberry fruit is associated with its therapeutic properties.

Elderberry has been found to have antibacterial, antiviral, and anti-inflammatory properties in research studies. A clinical trial supports the use of a standardized elderberry syrup extract for symptoms associated with influenza. (1) \*

- Rosehip contains bioavailable forms of Vitamin C, alpha and gamma tocopherols, carotenoid compounds, quercetin and rutin, which help reduce free radicals. Rosehips may reduce the severity of colds and boost overall well-being. Rosehips have an antibiotic effect against several strains of bacteria, as well as inhibiting the growth of fungi. Rosehips have also been shown to exhibit pain reducing and anti-inflammatory properties.

Like elderberries, rosehips have impressive antioxidant abilities, making them an excellent choice for boosting immunity and reducing oxidative stress on cells. (2) \*

### **Research Sources**

(1) Elderberry

*The American Botanical Council Clinical Guide to Elderberry*

<https://www.herbalgram.org/media/13294/elderberry-scr.pdf>

*The Journal of Functional Foods*, Volume 40, January 2018, (pages 377-

390) <https://www.sciencedirect.com/science/article/pii/S1756464617306977?via=ihub>

(2) Rosehips

<https://plantmedicines.org/rose-hip-reduces-common-cold-and-cold-severity/>

<https://plantmedicines.org/diseases-treated-rose-hips/>

<https://www.sciencedirect.com/science/article/abs/pii/S2210803318300265#!>

***\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.***