



Elderberry Plus Throat Support 2 fl. oz. Alcohol-Free Elderberry Tincture

Elderberry Plus Throat Support tincture is an all-natural, alcohol-free elderberry tincture with the added throat supporting benefits of marshmallow root, licorice root, echinacea purpurea, thyme leaf, and orange peel.

Our Elderberry Plus Throat Support tincture is made one batch at a time on our family's farm. We use the highest quality herbs, water, and pure vegetable glycerin to extract the herbal properties of our ingredients in an alcohol-free process. Our tinctures are intentionally made safe for use by our own children and grandchildren.

Elderberries work synergistically when combined with other medicinal plants. We've combined elderberries with herbs that have historically been used to soothe and support irritated throats. This tincture is a traditional herbal remedy for times when you need more help for sore throats.

Ingredients: Elderberries, marshmallow root, licorice root, echinacea purpurea, thyme leaf, orange peel, water, and vegetable glycerin.

Size: 2 fl. oz. (60 ml) in a convenient dropper bottle for easy dosing. Our tinctures are packaged in brown glass bottles to preserve the properties of the herbs from light exposure.

About Our Ingredients

- **Elderberries** are rich in nutrients and antioxidants that are anti-inflammatory and fight free radical damage. Elderberry has been found to have antibacterial and antiviral properties. A clinical trial supports the use of a standardized elderberry syrup extract for symptoms associated with influenza. * (1)
- **Echinacea** has traditionally been used to shorten the duration of the common cold and flu, and reduce symptoms such as sore throat, cough, and fever. Many herbalists recommend echinacea to boost the immune system and help the body fight infections. * (2)
- **Marshmallow Root** is very soothing to inflamed respiratory tissues and its medicinal uses include cough, pharyngitis, laryngitis, and bronchitis. * (3)
- **Licorice Root** is soothing to the respiratory tract and has medicinal uses for cough, sore throat, wheezing, and bronchitis. * (3)
- **Thyme Leaf** is an herb from the mint family that may help alleviate cough, prevent bacterial infections, and relieve sore throat. * (4)
- **Orange Peel** contains provitamin A, folate, riboflavin, thiamine, vitamin B6 and calcium. Orange peels are also rich in polyphenols, which may help manage many chronic conditions. * (4)

Research Sources:

(1) Elderberry

The American Botanical Council Clinical Guide to Elderberry
<https://www.herbalgram.org/media/13294/elderberry-scr.pdf>

The Journal of Functional Foods, Volume 40, January 2018, (pages 377-390)
<https://www.sciencedirect.com/science/article/pii/S1756464617306977?via=ihub>

Science Direct, Non-vitamin and Non-mineral Nutritional Supplements, 2019, (pages 211-215)
<https://doi.org/10.1016/B978-0-12-812491-8.00030-8>

(2) Echinacea
Journal of Pharmacy and Pharmacology, Volume 57, Issue 8, August 2005, (pages 929–954)
<https://academic.oup.com/jpp/article/57/8/929/6147494>

(3) Herbal Reference
School of Natural Healing: 25th Anniversary Edition, Dr. John R. Christopher

(4) Health Benefit Reference
<https://www.healthline.com>

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.***

Elderberry Plus Throat Support Product Information (11-9-22)
wholesale@elderberryfamilyfarms.com
www.elderberryfamilyfarms.com