



Raw Honey 8 oz.

Our Raw Honey is an unfiltered, locally produced, all-natural sweetener with all the beneficial properties of honey that has not been through the heating process of most commercially prepared honey products.

Sourced locally in Payson, Utah, straight from the hive of our neighbor's farm, our Raw Honey is the highest quality product available, a delicious sweetener you can use for every purpose, beverages, baking, etc.

Ingredients: Raw, Unfiltered Honey.

About Our Ingredients:

Honey is highly nutritious, with traces of minerals and vitamins, flavonoids, and polyphenols, which act as antioxidants to destroy free radicals. Honey is also anti-bacterial, anti-viral and anti-fungal, and acts as an energizer to help overcome fatigue and regain energy. (1) *

Many of the beneficial nutrients in honey are destroyed in the pasteurization process of most commercially prepared honey products. Raw honey retains all the nutrients and medicinal properties that are lost when honey is heated. (2) *

Research Sources

(1) *National Library of Medicine:* <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5424551/>
Journal of Chemical and Pharmaceutical Research: www.jocpr.com
<https://www.jocpr.com/articles/medicinal-uses-and-health-benefits-of-honey-an-overview.pdf>

(2) *Eight Raw Honey Benefits for Health:* <https://www.healthline.com/health/food-nutrition/top-raw-honey-benefits>

**** These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.***

Raw Honey Product Information (10-11-22)
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