



## Elderberry Infused Raw Honey 8 oz.

Our Elderberry Infused Raw Honey is an unfiltered, locally produced, all-natural sweetener, infused with elderberries and elderberry juice.

Made from the highest quality honey available, our Elderberry Infused Raw Honey is a great way to get the health benefits of honey and elderberry in one delicious sweetener.

**Ingredients:** Raw, Unfiltered Honey, Elderberry Juice, Whole Dried Elderberries, Maltodextrin.

### About Our Ingredients:

- Honey is highly nutritious, with traces of minerals and vitamins, flavonoids, and polyphenols, which act as antioxidants to destroy free radicals. Honey is also anti-bacterial, anti-viral and anti-fungal, and acts as an energizer to help overcome fatigue and regain energy.
- Many of the beneficial nutrients in honey are destroyed in the pasteurization process of most commercially prepared honey products. Raw honey retains all the nutrients and medicinal properties that are lost when honey is heated. (1) \*
- Elderberries are rich in nutrients and antioxidants. Elderberry has been found to have antibacterial, antiviral, and anti-inflammatory properties. A clinical trial supports the use of a standardized elderberry syrup extract for symptoms associated with influenza. (2) \*

### Research Sources

#### (1) Honey

National Library of Medicine: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5424551/>

Journal of Chemical and Pharmaceutical Research: [www.jocpr.com](http://www.jocpr.com)

<https://www.jocpr.com/articles/medicinal-uses-and-health-benefits-of-honey-an-overview.pdf>

Eight Raw Honey Benefits for Health: <https://www.healthline.com/health/food-nutrition/top-raw-honey-benefits>

#### (2) Elderberry

The American Botanical Council Clinical Guide to Elderberry

<https://www.herbalgram.org/media/13294/elderberry-scr.pdf>

The Journal of Functional Foods, Volume 40, January 2018, (pages 377-

390) <https://www.sciencedirect.com/science/article/pii/S1756464617306977?via=ihub>

**\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**

Elderberry Infused Raw Honey Product Information (10-11-22)

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