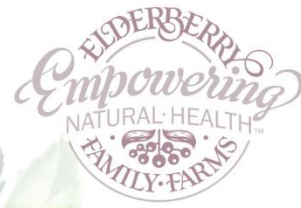


ELDERBERRY APPLE YAMS



Ingredients:

2 large yams

1/4 cup Elderberry Syrup

1/4 tsp salt

6 Gala apples

1/4 cup olive oil

2 tsp cinnamon

Wash, peel, and cube yams and apples in bite size pieces. In a large bowl, combine all ingredients and toss until the yams and apples are thoroughly coated. Spread on a large baking tray. Bake at 375 degrees for 35-45 minutes, or until yams are fork tender. Serve immediately. Serves 10-12. Enjoy!

Recipe by Anne Marck

Helpful Tips: We used Gala apples, but any baking apple is good, such as Honeycrisp, Braeburn or Jonagold. This is a family size recipe but can be cut in half for smaller groups.

We hope you enjoy this recipe as part of a festive meal or a special treat!