

ELDERBERRY GRAPE BLUEBERRY POPSICLES



Combine one 12 oz. can frozen grape juice concentrate, thawed, with two 12 oz. cans of water to make a strong, sweet juice mixture (this is less than the 3 cans that the label calls for). Use 2 cups for this recipe and set the rest aside for later.

Ingredients:

2 cups juice mixture

1 TBS warm water

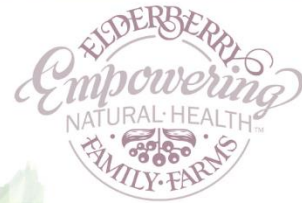
3/4 tsp Elderberry Juice Powder

6 TBS frozen blueberries (optional)

(Remaining instructions on back)

Recipe by Anne Marck

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In a large pitcher, combine the warm water and Elderberry Juice Powder and stir to dissolve, then add the 2 cups of juice mixture and stir to combine. Measure 1 TBS blueberries into each popsicle mold, then pour the grape juice mixture into the molds, leaving enough headspace for the sticks. Freeze until hard, about 24 hours. Remove popsicles from molds and serve immediately. Serves 6

Enjoy!

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Helpful Tip:

We used a 6-slot popsicle mold with 1/3 cup juice per mold.

Modify this recipe to reflect how many slots your popsicle mold has and how much juice each slot will hold.

More yummy juice popsicle ideas: Lemonade and raspberries, limeade and strawberries, fruit punch and pineapple, cranberry juice and cherries.